

# Winning Over Procrastination

James 4:17; Proverbs 26:13; James 1:8  
Pastor Blake Cromwell

## I. THE REASONS FOR PROCRASTINATION

D — Double Mindedness (James 1:8)

E — Exactness (Eccl. 11:4)

L — Lily Liveredness (Prov. 29:25)

A — Anger (Prov. 18:9)

Y — Yielding to Slothfulness (Prov. 13:4)

## II. THE RESULTS OF PROCRASTINATION

1. It turns a problem into a crisis (Prov. 15:19).

2. It destroys opportunities (Prov. 20:4).

3. It wounds people who are depending on you.

## III. THE REMEDY FOR PROCRASTINATION

F — Focus on the gain not the pain (Gal. 6:9)

I — Invite Christ to empower you (Phil. 4:13)

G — Get started today (Prov. 27:1)

H — Hourly schedules (Prov. 13:16; Eph. 5:16)

T — Throw off excuses (Prov. 26:13)

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