

Dealing with Lonely Days

II Timothy 4:6-21; Ecclesiastes 4:10-12; Genesis 2:18

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FOUR COMMON CAUSES OF LONELINESS

I. Transitions (vv. 6-8)

II. Separations (vv. 9, 21)

III. Oppositions (vv. 14)

IV. Rejections (vv. 10, 16)

COPING WITH LONELINESS

I. Humility of heart (v. 9)

II. Learning the value of others (v. 11)

III. Utilizing your time (v. 13)

IV. Learning the comfort of Scripture (v. 13)

V. Getting real (v. 13)

VI. Learning the secret of forgiveness (v. 16)

VII. Minimizing your hurt (vv. 16-17)

VIII. Recognizing God's presence (v. 17a)

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